

**TO RECEIVE AND NOTE QUARTERLY REPORTS FOR THE COMMISSIONING OF
PROFESSIONAL YOUTH WORK IN SALTASH:**

**Report to Saltash Town Council from Livewire youth project December 2024, January,
February, & March 2025.**

1. Number of open access sessions run: 45

During these sessions young people have been able to access music lessons (guitar, bass, drums, keyboard, vocals, live sound, music technology and stage lighting), rehearsal space, perform on stage, take part in single issue programmes, have youth work support or counselling, volunteer, socialise and take part in our development group, and on Wednesday evenings our junior members can take part in Art workshops and older young people can volunteer.

In addition to our open access sessions we have also had a young women's music session on Tuesday evenings 15 in total and during these sessions young women are encouraged to come along and make music with 3 musicians these sessions are also run by a JNC qualified youth worker so young women can also access youth work support. We also have a counsellor working on Tuesday evenings so young people have also been able to have counselling on Tuesday evenings.

Our wellbeing sessions on Friday evenings have also continued this quarter, 15 in total, these sessions are designed to cater for young people that might be too anxious for open access sessions as they are quieter and young people attending these sessions can access the art workshops Young people can get support with a counsellor or JNC qualified youth worker who runs the session or they can make music with a musician, we also have a wellbeing volunteer at these sessions as well as a therapy dog. Although we don't have formal counselling on Friday evenings at wellbeing sessions we give young people attending plenty of opportunity for support and they can fill in the form and self refer into our counselling service if they feel the need for more formal support.

On Saturday we also run a recording session 14 in total this quarter for bands and individual young people with music to record.

2. Number of detached/outreach youth work sessions: 0

Concentrating on the waterside area of the town we only get the summer traffic in terms of young people who come here to pier jump it's a small window of opportunity and comes to an end during early September because that is when young people go back to school or college.

3. There have been 2 single issue programmes during this period. Although I am still waiting for the university's report from violence against women and girls, that came back as a topic young people wanted to talk about. Young men mental health and music has become another single issue programme because we have a PhD student who is studying this topic.

4. Approximately 549 individual young people have been engaged with through open access sessions, young women's music making sessions, well being group sessions, counselling, daytime referral

sessions and Saturday recording sessions, and outreach sessions. This is approximate because 1 individual young person could attend up to 6 times a week so taking that into account we have done some sums.

5. All young people engaged with have received or are currently receiving individual or group support.
6. 0 young people have been supported in getting into employment in this period and 1 young person has been supported in going back to school and 4 young people have been supported in starting college during this period.
7. 168 young people have measurable distance travelled. By this we mean that they have progressed positively over the period and shown real change.
8. This period we have had 44 young people referred to livewire from other agencies, 16 from schools, 2 through social care, 3 from CAMHS, 1 from youth offending team, 0 from the Police, 21 from GP's, and 1 from the zone. These young people have been referred for Counselling, daytime sessions, youth support sessions and for the open access sessions. Others have come through self referral or their parents/carers referral.
9. 446 volunteer support worker hours have taken place in this period.
10. We have currently got a group of 8 young people making up our development group who meet regularly to discuss issues and young people's desires for development at Livewire.
11. This year we have been very fortunate to receive £29,534.50 from Saltash Town Council for youth work. The match funding secured to date includes the Big Lottery funding of £219,000 over 5 years of which £15,000 per year is towards youth work (we are currently in year 4). Plus £12,000 this year as a gift from AC/DC for youth work.

Mental health and wellbeing remain priorities for the work here at Livewire and I believe we are currently seeing the results of the pandemic on our young people's mental health. We continue to get referrals for counselling and youth work support sessions.

Our relationship with the Community Kitchen goes from strength to strength as we continue in the partnership with them feeding young people for free and for some young people it's the only hot food they have that day.

We have this year supported outside events in Saltash with young people performing at the may fair and the regatta, we also provided about 115 acts to boardmasters festival and we also provided acts for tunes in the park festival at st germans.

We continue to work with many vulnerable young people as well as some really confident and talented young people and when they are on the stage you couldn't tell them apart.

Case study

A young man who started on Friday evenings. When he first came to us barely able to make eye contact, such was the level of his anxiety, even when he moved on to Monday's / Thursday's he used to wear his headphones and kept his eyes firmly fixed on the floor and sit there playing his guitar. Gradually we coaxed him out of the headphones and got him into volunteering on Wednesday evenings teaching guitar to junior members. He has grown so much during the time he spent with us that we now employ him as a musician on Friday evenings.

End Of Report